



# Eden Public School

DARE TO DREAM & ACT TO ACHIEVE  
159 YEARS OF EDUCATION  
1857 TO 2016

Respect  
Responsibility  
Resilience



## NEWSLETTER-Term 4, Week 8 Tuesday, 29<sup>th</sup> November 2016

### Diary Dates

#### DECEMBER

Thurs 1<sup>st</sup> Circus Rodeo performance.

Fri 9<sup>th</sup> Whole school assembly

Tues 13<sup>th</sup> Infants Concert

Wed 14<sup>th</sup> School Presentation at high school, Years 5&6 disco

Thurs 15<sup>th</sup> Year 6 Luncheon

Fri 16<sup>th</sup> Last day of Term

#### JANUARY

Mon 30<sup>th</sup> First day back for Term 1 2017

### Principal Report

This week Eden Public School staff completed Component 3 of the KidsMatter training.

Our school is a KidsMatter school and in conjunction with the PBL team and the Learning and Support team, we take student well-being as a very serious matter. Our aim is to ensure all students feel safe and happy at school. KidsMatter is an Australian mental health and wellbeing initiative set in primary schools and early childhood education and care services. It's unique because it brings together all the most important people in a child's life - especially families!

Research clearly shows that children who are mentally healthy are better able to meet life's challenges. They are also better learners and have stronger relationships.

Good mental health in childhood lays the foundations for the future, and it is never too early for families to start supporting the mental health of children.

The KidsMatter website is a wonderful resource for families and schools to access.

<https://www.kidsmatter.edu.au/families>

### School Reports

Student reports are due to go home at the end of next week. Please make sure you ask your child for their report on Friday next week. Parents who wish to discuss the end of year report with the child's teacher can call the school office to make an appointment with the class teacher.

### Going home with this week's Newsletter

Permission notes to walk to High School on Presentation Day and also an invitation to everyone for Presentation day.



Cancer Council NSW Nutrition Snippet

### The simplest way

...to make the festive season fruity.

Fruit makes a healthy addition to the festive season spread and it's great for making all sorts of edible Christmas creations too!

**Trees:** use a knife or cookie cutter to shape trees from watermelon (left), or place kiwi wedges on a plate and top with star cut from other fruit (below).

**Candy cane:** place alternate banana and strawberry chunks on a plate to form a cane shape.

**Santas:** Layer marshmallow, banana and strawberries. Hold together with icing, or a toothpick. Use raisins for eyes and a Jaffa for a nose.

For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au) or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

Eat It To Beat It

### Annual Presentation day

Wednesday 14<sup>th</sup> December is Eden Public School's Annual Presentation Day at Eden Marine High School. As this is a formal event, all students must wear full school uniform on the day and have a school hat to wear for the walk to the high school.

Have a wonderful week.

Tanja Vogt  
Principal

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# Eden Public School

## Mathletics: Extra News

Extra congratulation to our deserving awardee of this year's special Mathletics awards. This year each school was issued 3 awards for "stellar performance in Mathletics". We are very proud to recognise **Ashton Douglas, Morgan Thornton, and Caine Brown** as our recipients.



## Mathletics Update Week 8

**Another successful week for Mathletics at Eden Public. We had 3 students achieve their Silver Certificate and 25 students achieve their Bronze Certificates. Well done everyone!** Remember to get a Silver certificate you must get four Bronze certificates. Bronze certificates are earned by **getting 1000 points in a week** (Monday morning to Sunday night), about 5-10 activities in total. Just check the rocket ship to see your weekly progress.

Congratulations also goes **3/4A to who were last week's leading class with 14 certificates**. Second place goes to 5/6L (3) and third place to 1/2B (2). Just remember students have full 24hr access to Mathletics on the Internet.

Simon Taylor

## Thursday Raffle Roster



### Thursday Raffle Week 8

KC	Katrina Lackey
KP	Emma Bolton
1/2B	Renee Dunne
1/2D	Elissa McCabe
1/2K	Kirsty Rootsey
3/4A	Narissa Dunne
3/4K	Regina Swane
3/4E	Tasha Best
5/6H	Sherry Fulton
5/6L	Jess Munday
5/6E	Kirriley Mitchell

### Thursday Raffle Week 9

KC	Jemma Bolton
KP	Rebecca Stewart
1/2B	Lauren Woods
1/2D	Melaine Warren
1/2K	Sonya Payne
3/4A	Bec Johnston
3/4K	Bronwyn Farrell
3/4E	Kylie Ewin
5/6H	Renae Kennelly
5/6L	Lisa Warren
5/6E	Kristen Hawkens

## Library News

There will be no borrowing from the library in next two weeks. I would appreciate all books to be returned as soon as possible. Thank you for your co-operation.

Jenny Cocks





## This Weeks PBL Winners!



Respect  
Resilience  
Responsibility



### P&C News

The P&C are running a Christmas raffle, we have some awesome prizes already but we are in need of items to make up our hampers. No item or donation is too big or too small. It could be Bon Bons, chocolates, tea, coffee, soft drink, chips, toys, Christmas cards, books, the list is endless. Donations can be dropped in to the front office.

#### Presidents Report

Our last meeting for the year was held Monday 21<sup>st</sup> November

There was only a few of us there but it was a great meeting & Tanja's Principal's report was fantastic. Such exciting things happening next year.

The Disco was a huge success & everyone seemed very happy with the new sign in & sign out process.

It was decided that the P&C will be running a stall for Christmas on Imlay.

We also have the amazing Christmas Raffle currently running & any hamper donations are greatly appreciated & can be dropped in to the front office.

Lastly have a very Merry Christmas & we will set a date for the next P&C meeting early in the new school year.

Merry Christmas

Mel & all the P&C Committee.





# Eden Public School



## INFANTS CONCERT

Our annual Infants Concert  
will be held in the  
Eden Public School Hall at 10.00am  
on Tuesday  
13<sup>th</sup> December, 2016

**EVERYONE IS MOST WELCOME.**

## COMMUNITY NEWS

### Women's Health Seminar

Free

Saturday 3rd December  
3.00 – 3.30pm

Tatiana Pajo, a qualified exercise physiologist, uses exercise as medicine to treat a number of chronic diseases. Her services are Government Assisted and there is no obligation to join the fitness centre prior or after this presentation.

If you have or have had

- diabetes
- arthritis
- chronic pain
- heart problems
- mental health issues
- joint pathologies
- neurological conditions
- asthma
- overweight,
- osteoporosis
- risk of a fall



Come and watch a short Powerpoint presentation on how this system can benefit you.

**Your opportunity to be happy and healthy**

Nibbles and  
Refreshments

Eden Gym and Squash  
29 Mitchell Street Eden

